

The Ear, Nose and Throat Clinic

Mr Giles Warner, Consultant ENT Surgeon

Thyroid problems

The thyroid gland lies in the front of the neck just above the collarbone. The function of the thyroid gland is to produce a substance called thyroxin that controls the human metabolism. When the thyroid gland produces too little or too much thyroxin, patients can develop a whole variety of symptoms including weight change, heat/cold intolerance, change in bowel habit, palpitations, sweating or tremor. Alternatively, the thyroid gland can develop nodules. These are mostly benign in nature but can cause pressure symptoms in the neck or may be unsightly.

Investigation of thyroid conditions usually includes a blood test and possibly an ultrasound scan of the neck. Occasionally a small sample has to be taken from the gland to make a diagnosis. Changes in thyroxin level causing symptoms are normally treated with medication and occasionally surgery is indicated for nodular problems.

Mr. Warner is a Consultant Ear Nose and Throat (ENT) Surgeon based at the Ear Nose and Throat Clinic. With international training in thyroid surgery at two world centers and over 5 years consultant level experience, he offers a personalized service in the full range of thyroid conditions with the aim of achieving a rapid diagnosis and management plan so patients can return to normal daily activity as soon as possible.